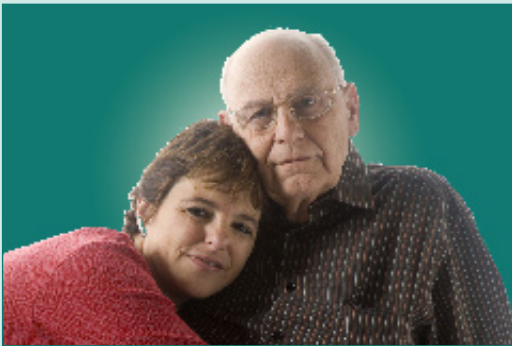


Yours is an important job!

You have many responsibilities supporting an older relative to be as strong, happy, and healthy as possible. It's a lot to juggle. You may worry about your mother's safety and whether she can continue to live in her current situation. You may have powerful feelings arise as you witness your father's mental and physical changes.



We're here to help. We offer:

- A monthly e-newsletter
- Caregiving tips
- Directory of community programs
- Links to national resources
- Archive of educational articles

**We are your local experts
in family caregiving.**

**Visit our online resources at:
www.KeepMomAtHome.org/
[\[yourcommunity\]](#)**

You don't have to do this alone.

[Your Logo here]

We proudly offer this educational resource to support you, the friends and family who so tenderly care for your older loved ones.

As experts in home care, we know the value of your contribution! Since [date], we have worked with families providing:

- [List your services here]
- [List your services here]
- [List your services here]
- [List your services here]
- [List your services here]
- [List your services here]
- [List your services here]

If you have a question about caregiving, or would like to know more about how we can help your loved one live safely and independently at home, please contact us:

[Your Organization]
[Your Street Address]
[City, State Zip]
[Your Company Web Address]
[General Inquiry Email Address]
[Phone]
[Fax]



**Concerned about
the safety of
an aging parent?**

We can help.

**Go to
[KeepMomAtHome.org/](http://www.KeepMomAtHome.org/)
[\[yourcommunity\]](#)**

Go to [www.KeepMomAtHome.org/\[yourcommunity\]](http://www.KeepMomAtHome.org/[yourcommunity])

The screenshot shows a web browser window with the title "Resources for family caregivers". The main heading is "Keep Mom At Home in [Your Community]", with a sub-heading "Sponsored by [Your Organization]". A search bar is located in the top right. The left sidebar contains navigation links: "For Family Caregivers", "E-Newsletter", "Ask a Question", "Our Services", "Links for Families", "Community Programs", "Donate", "Send page to a friend", "Make text larger A • A", and "Print this page". Below these is a feedback form with a "Submit" button. The main content area is titled "Resources for family caregivers" and includes a quote from a woman: "These resources have been great! The e-newsletter gives me monthly tips. Plus, I've bookmarked this site for those times when I need help doing extra things for Mom and Dad." The bottom of the page features a dark teal banner with the text "Our Monthly E-Newsletter" and three bullet points: "• [Is caregiving hazardous to your health?](#)", "• [How do you know when your loved one is in pain?](#)", and "• [The healing power of music](#)".

Bookmark this website for information and support

A MONTHLY E-NEWSLETTER

On the second Thursday of the month, we publish a new issue of our e-newsletter, bringing you topical articles with information designed to make your life easier. From tax tips for family caregivers to coping with depression, we give you up-to-date advice from national experts. Subscribe today and tell a friend. It's free!

CAREGIVING TIPS & TOOLS

Our *Links for Families* page provides you with links to the best the Internet has to offer. From Web-based tools to keep track of medications, to private family blogs with a calendar for scheduling help, our reference materials make your job easier! There's even a listing of online caregiver support groups, all available to you with a click of the mouse!

Find answers on our website

DIRECTORY OF COMMUNITY PROGRAMS

You are not alone. There are services available to help. We have an extensive list of national, state and local programs geared to assist you and your loved one.

LINKS TO NATIONAL RESOURCES

The Internet has so much information to offer, it can be overwhelming. We support you by providing links to credible websites based on current research.

ARCHIVE OF EDUCATIONAL ARTICLES

It's a delicate balance, providing assistance to an aging loved one, while preserving their dignity and independence. Our archive of past newsletters offers sensitive educational materials written for family caregivers

